

# CYNGOR CYMUNEDOL CEFN CRIBWR CEFN CRIBWR COMMUNITY COUNCIL

Dear Councillor,

You are invited to attend the Annual General Meeting of the Cefn Cribwr Community Council to be held on Wednesday 21<sup>st</sup> May, 2025 at 7.00 p.m. at Cefn Cribwr Community Centre and remotely via Zoom.

## AGENDA

1. Apologies
2. To receive and adopt the minutes of Wednesday 8<sup>th</sup> May, 2024.
3. Matters Arising.
4. Election of Chairman.
5. Election of Vice Chairman.
6. Chairman's Allowance.
7. Cheque Signatories.
8. Appointment of delegates to Outside Bodies.
  - A. Police Liaison Committee. (PACT)
  - B. Town and Community Council Forum.
  - C. Cefn Cribwr Community Association.
  - D. One Voice Wales.
  - E. Governor of Cefn Cribwr Primary School.
9. AOB:
10. Date and time of next meeting. (*Wednesday 13<sup>th</sup> May, 2026 at 7.00 p.m.*)

D L Jones, Clerk.

# CYNGOR CYMUNEDOL CEFN CRIBWR

## CEFN CRIBWR COMMUNITY COUNCIL

Minutes of the Annual General Meeting of Wednesday 8<sup>th</sup> May, 2024.

**Present:** Councillors J. Short, A. Beckett, S. Kendall, D. Evans, D. Dimond, H. J. David and K. G. Burnell.

**1. Apologies:** Councillor C. Holmes,

**2. Minutes:** The Minutes of the Annual General Meeting of the Cefn Cribwr Community Council held on the 10<sup>th</sup> May, 2023 were adopted and signed as a true record.

**3. Matters Arising:** There were no matters arising from the minutes.

**4. Election of Chairman:** Councillor C. Holmes was elected Chairman for the year 2024 / 2025.

**5. Election of Vice Chair:** Councillor J. Short was elected Vice Chairman for the year 2024 / 2025.

**6. Chairman's Allowance:** This was set at £500.00 for the year 2024 / 2025.

**7. Cheque Signatories:** It was resolved to add Councillors D. Evans and K. G. Burnell to the existing signatories who are Councillors H. J. David and C. J. Holmes.

**8. Appointments to Outside Bodies:**

Police Liaison Committee (PACT):	Councillor S. Kendall will be the liaison with this committee although all Members should attend if possible.
Town and Community Council Forum:	Councillor D. Evans.
Community Association:	Councillors D. Evans and D. Dimond.
One Voice Wales:	Councillor D. Evans.
Governor of Cefn Cribwr Primary School:	Councillor D. Dimond.

**9. AOB:** There was no other business

**10. Date of next meeting:** Wednesday 11<sup>th</sup> May, 2025, 7.00 p.m.

David Lloyd Jones, Clerk, May 2024.

**CYNGOR CYMUNEDOL CEFN CRIBWR**  
**CEFN CRIBWR COMMUNITY COUNCIL**

Dear Councillor,

You are invited to attend the next meeting of the Cefn Cribwr Community Council to be held on Wednesday 21<sup>st</sup> May 2025 immediately following the AGM at 7.00 pm at Cefn Cribwr Community Centre and remotely via Zoom.

**AGENDA**

11. Apologies.
12. To receive declarations of interest, if any, in written form.
13. To receive and adopt the minutes of Wednesday 9<sup>th</sup> April 2025.
14. Matters arising.
15. Footpaths.
16. Clerk's Report.
17. Grant Application.
  - i. Forces Fitness <https://www.facebook.com/share/v/3H3hV7rf9NybYThT/>  
(Appendix 1)
  - ii. Cefn Cribwr Athletic Club – Tennis Courts
18. Members' Reports.
19. A.O.B. – urgent matters raised with the Chairman's consent, given before the start of the meeting.
20. Date and time of next meetings:  
Wednesday 14<sup>th</sup> May 2025 following the AGM at 7.00 pm  
Wednesday 11<sup>th</sup> June 2025 at 7.00 pm

D L Jones, Clerk.

# CEFN CRIBWR COMMUNITY COUNCIL

Minutes of the meeting of Wednesday 9<sup>th</sup> April 2025 at Cefn Cribwr Community Centre and via Zoom.

Chairman: Councillor C. Holmes

**Present:** Councillors C. Holmes, S. Kendall, A. Beckett D. Evans and K. G. Burnell.

**In attendance:** Mr. D-L Jones (Clerk).

**1. Apologies:** Councillors H. J. David, J. Short D. Dimond D. Gordon and J. Gebbie.

## **2. Declarations of interest received in writing:**

Cllr. D. Evans declared an interest in all matters concerning the Cefn Cribwr Community Association as a member of that organisation.

Cllr. K. G. Burnell declared an interest in all matters concerning the Cefn Cribwr Gardening Club as a member of that organisation.

Cllrs. K. G. Burnell and S. Kendall declared an interest in all matters concerning Cefn Cribwr Primary School as members of the Governing Body.

Cllr. K. G. Burnell declared an interest in all matters concerning the Cefn Cribwr Sports & Social Club as Secretary of that organisation.

Cllr. D. Evans declared an interest in all matters concerning the Cefn Cribwr Athletic Club as a member of that organisation.

Cllr. K. G. Burnell declared an interest in all matters concerning Bedford Park as a relation of a member of staff.

## **3. Minutes:**

The minutes of the meeting of Cefn Cribwr Community Council held on Wednesday 12<sup>th</sup> March 2025 were adopted and signed as a true record.

**4. Matters arising:** *There were no matters arising not contained within the agenda.*

## **5. Footpaths:**

*Footpath 40 Dale View to John Street: Definitive Map Modification Order* – Addition of footpath leading from Dale View to FP 40. The closing date for objections or representations was 13<sup>th</sup> March 2025. We await further information in due course.

*Footpath Maintenance:* It was agreed that the Clerk would ask Mr P John to commence the 1<sup>st</sup> cut of the footpath network.

## **6. Clerk's Report:**

### **Correspondence:**

*Council noted the following:*

Clerks & Councils Direct

The Clerk

### **Bills for payment:**

Clerks Salary for March'25 (S.P. 26):	£648.96
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HMRC:	£162.20
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Transact Pensions:	£162.24
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Mr. W. Evans: Cleaning Memorial Shelter (March'25):	£52.00
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One Voice Wales Membership 2025/26:	£294.00
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**Council noted the Financial Statements for the period ending 17<sup>th</sup> March 2025:** (Appendix 1)

## **Conclusion of the Audit and Right to Inspect the Annual Return for the year ended 31<sup>st</sup> March 2024.**

The council noted the report of the external auditor and asked the Clerk to display the Conclusion of Audit Notice as required.

The council confirmed that the Clerk's remuneration is, and always has been, calculated in accordance with the NALC Pay Scale and asked that a note be added to the Clerk's Contract of Employment confirming the same in accordance with the Audit Opinion of the external auditor.

## **Planning:**

*Applications:*

P/25/130/FUL: Land north of Windcroft Cefn Road:

Proposed two-bedroom bungalow with access from Cwm Ffoes. – *Object*

## 7. Community Grant Application:

*Forces Fitness Education CIC*- Application for a grant of £500 to run a Children's Health & Well Being day.

The Clerk reported that a representative of the organisation would attend the May meeting so the application could be discussed in more detail.

*Cefn Cribwr Athletic Club – Tennis Court refurbishment*: The Clerk reported that work is about to start to refurbish the tennis courts at Cae Gof as multi -purpose all weather sport courts.

## 8. Members Report:

*One Voice Wales Area Meeting*: Cllr D. Evans reported that the next meeting of OVW will take place on 14<sup>th</sup> April at 7pm.

*Cefn Cribwr Primary School*: Cllrs. K. G. Burnell and S. Kendall reported that the school continues to experience budget difficulties owing to the ongoing cuts in funding.

Work to repair and make safe the school bell cot, which is a notable feature of the school and village are ongoing.

*Report of Cllr. H.J. David*: Council noted the several reports and updates that Cllr. David had sent via email in the previous month.

## 9. Any other business:

*Cllr. D. Dimond- letter of resignation*: The Clerk reported he had recently received a letter from Cllr. Diana Dimond tendering her resignation as a member of the Community Council due to health reason. The Members asked the Clerk to convey their sincere thanks to Cllr. Dimond for her assiduous service to the Council and community over many years.

The Clerk will notify BCBC Electoral Service of Cllr. Dimond's resignation and request that a Notice of Casual Vacancy is published.

*VE Day Celebrations*: The Clerk reminded Council of their agreement to purchase Service Men and Women Silhouettes for installation around the War Memorial. It was agreed to purchase 4 Silhouettes at this juncture.

*Memorial Shelter*: The Clerk reported that a quotation of £3,259 had been received from Darlow Lloyd Ltd to complete the paving in front of the Memorial Shelter. It was unanimously agreed to accept the quote.

*Date of May Meeting*: It was unanimously agreed, at the request of the Community Association, to change the date of the May meeting to Wednesday 21<sup>st</sup> May.

## 10. Date and time of next meetings:

Wednesday 9<sup>th</sup> April 2025 at 7.00 pm

Wednesday 21<sup>st</sup> May 2025 following the AGM at 7.00 pm

David-Lloyd Jones, Clerk, April 2025.

Signed.....

date.....

## Clerk's Report to Council 21<sup>st</sup> May 2025

### **Correspondence:**

Clerks & Councils Direct  
The Clerk  
Play for Wales

### **Bills for payment:**

Clerks Salary for April'25 (S.P. 26):	£648.96
HMRC:	£162.20
Transact Pensions:	£162.24
Mr. W. Evans: Cleaning Memorial Shelter (April'25):	£52.00
The Green Hall – Hire 2024/25:	£408.00

### **Planning:**

*Applications:*

P/25/192/FUL: 9 Bryn Terrace: Proposed dropped kerbs to assist with vehicle parking.

D L Jones, Clerk  
18<sup>th</sup> May 2025

# CEFN CRIBWR COMMUNITY COUNCIL

## COMMUNITY GRANT APPLICATION FORM

### 1. Contact details:

**This section requires details of the person to whom all correspondence should be sent**

<i>Title: Mr</i>	<i>First name: Sean</i>	<i>Surname: Molino</i>
<i>Address &amp; Postcode: 47 Rhodfar Celyn, Coity, Bridgend, CF35 6FN</i>		
<i>Tel: 07891 402 326</i>		
<i>Mobile: 07891 402 326</i>		
<i>Email: Sean@forcesfitness.co.uk</i>		

### 2. Organisation / community group details:

**This section requires details of the organisation or community group you are applying of behalf of**

<i>Name of organisation or community group: Forces Fitness Education CIC</i>
<i>Address &amp; Postcode (if different from above):</i>
<i>Tel (if different from above):</i>
<i>Email (if different from above):</i>
<i>If your application is successful to whom should the grant cheque be made payable: Forces Fitness Education CIC</i>

### 3. The Project

**Please provide a detailed description of the project you are applying for**

*For what purpose do you require funding? - We aim to use our Military Veteran Role Models to bring the children from our community together to conduct a Health and well-being day that will concentrate on Building Resilience, working on communication and team building challenges for children and young adults in the Cefn Cribwr Community Council ward. Delivery of the health; Well-Being and Building resilience sessions that will take place at a location central to Cefn Cribwr Community Council ward residents. Engaging schools, Youth groups, sports clubs and community organisations in Cefn Cribwr. Beneficiaries will be aged between 7-25 years of age. We will utilize social media to engage with stakeholders and our extensive database of contacts from previous programs within schools; community groups and sports clubs. On all sessions that are delivered we will ensure that feedback forms are conducted to gauge learner feedback from the young attendees through their own learners voice; this will be conducted through a google form link; we will also ask the parents/ carers to complete a feedback form; all this information will be collated after each session delivered. We have delivered similar projects in partnership with a number of community councils in 2024 including Bridgend Town Council, Cowbridge Town council and Coity Higher Community Council with fantastic results. We also worked with a Welsh Government project this was specifically aimed at service children and the results were brilliant; we wanted to ensure that we could provide these sessions to all children and young adults to remain all inclusive; not just at one group hence this application. Our sessions will bring young people together to build strong relationships and make them thrive within the local community eg; In Cefn Cribwr we would bring young people together from across the Cefn Cribwr Community Council ward Area where we would deliver the sessions. During these sessions we will be giving the young people tips on health and well-being whilst focusing on improving team work; communication and leadership skills these are all skills that are needed to build a stronger community.*

<p>We have held Regular communication with pupils/parents and schools has given us first hand feedback that they are missing a sense of doing things together making new friends and being active. It is vital that we promote a sense of togetherness and cohesion. This project is an ideal way to support mental health/fitness for our children. our aim is to deliver a full day with around 40-50 attendees on the day. This works out at the cost of £10 per head per child. There will be no costs for any child to attend the days they will be free to attend and be delivered in the spring/ summer, and all social media post will credit Cefn Cribwr Community Council</p>	
<p><i>How do you know there is a need for this project?</i></p> <p>Please find attached to the grant application email a full stakeholder report where 146 people were consulted and 100% said they would like to see these sessions take place.</p> <p>We asked the people on the consultation the below questions:</p> <p>1- If we run free to attend sessions across 2025 for you and your family, do you think this will improve the attendees Health and Wellbeing = <b>100% Said Yes</b></p> <p>2- If we run free to attend sessions across 2025 for you and your family, do you think the attendees will make new friends = <b>100% Said Yes</b></p> <p>3- If we run free to attend sessions across 2025 for you and your family, do you think the attendees will improve their knowledge of problem solving= <b>96.43% Said Yes</b></p> <p>4- If we run free to attend sessions across 2025 for you and your family, do you think the attendees will improve their ability to work in teams = <b>97.62% Said Yes</b></p> <p>5- If we run free to attend sessions across 2025 for you and your family, do you think the attendees will have fun = <b>100% Said Yes</b></p>	
<p><i>What benefit(s)/effect(s) will this project have on the local community?</i></p> <p>These sessions will the see attendees improve in many areas from making new friends and building a stronger community through to Health, well-being and physical activity. Please see attached the feedback report from a recent day held with Bridgend Town Council, this shows the benefits of the sessions with attendee's feedback.</p>	
<p><i>Have you sought any other grant funding or undertaken any direct fundraising for this project? If yes please give details: NA</i></p>	
<p><i>If you receive funding when will your project start:</i></p> <p>Spring – Summer 2025</p>	<p><i>If you receive funding when will your project finish:</i></p> <p>Spring – Summer 2025</p>

#### 4. Financial details

Please provide a summary of the financial details of your project – see notes below	
Breakdown	Cost
Admin	100
marketing	50
Venue Hire	100
Staffing and running costs	250
Total project cost	£500



<p><b>Notes:</b></p> <ol style="list-style-type: none"> <li>1. Please note that retrospective costs (ie costs for work already undertaken or equipment/work materials that have been purchased or ordered prior to a formal grant offer) are ineligible and should not be included.</li> <li>2. Applicants must provide quotes/estimates that correspond with the details above.</li> </ol>
<p><i>If your application is not for the full amount of your project, please explain how the shortfall will be met?</i></p>

## 5. Authorisation & declaration

<p><b>This section requires the acknowledgement and signature of the main contact in section 1 and one other senior person within the organisation; Chairman, Vice Chairman, Treasurer, Secretary, etc.</b></p>	
<p>I can confirm that, to the best of my knowledge and belief, all information provided on this application form are true and accurate.</p> <p>I also confirm that I am authorised to sign this agreement and to act on behalf of the organisation making this application. I further confirm that this application is made on the basis that if successful in full or part, the organisation will comply with the terms and conditions that follow.</p> <p>I also authorise Cefn Cribwr Community Council to make enquiries, in order to process my grant application.</p> <p>I acknowledge that the information I have provided, including supporting documentation, will be discussed in public and will be available for inspection by the public, subject to the prevailing GDPR regulations.</p>	
<p><b>Applicant</b></p> <p><i>Signature: S Molino</i></p> <p><i>Position Director</i></p> <p><i>Date: 1/2/25</i></p>	
<p><b>Other Senior Person</b></p> <p><i>Name: Michael Punter</i></p> <p><i>Tel: 07891 402 326</i></p> <p><i>Email: info@forcesfitness.co.uk</i></p>	<p><i>Position: Director</i></p> <p><i>Signature: M Punter</i></p> <p><i>Date: 1/2/25</i></p>

## 6. Checklist

You must tick every box that applies before submitting the application	
I have answered all the questions.	y
I have signed the Authorisation & Declaration in section 5.	y
Another Senior Person has signed the Authorisation & Declaration in section 5.	y
I have enclosed quotes/estimates as detailed in section 4.	y
I have enclosed a signed copy of the latest audited accounts or endorsed financial statement.	y
I have enclosed a signed copy of the constitution of my organisation/community group.	y

## 7. Submission

<p><b>Please submit your application to The Clerk to the Community Council</b></p>
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Please ensure this form is placed at the top of your application, if posted to Companies House, and the Company Name is consistent throughout all documents

# CIC 36

## Declarations on Formation of a Community Interest Company<sup>1</sup>

*Please  
complete in  
typescript,  
or in bold  
black  
capitals.*

**Company Name in full**

Forces Fitness Education CIC

Community Interest Company

### **SECTION A: COMMUNITY INTEREST STATEMENT – beneficiaries**

1. We/I, the undersigned, declare that the company will carry on its activities for the benefit of the community, or a section of the community<sup>2</sup>. [Insert a short description of the community, or section of the community, which it is intended that the company will benefit below]<sup>3</sup>

*The company's activities will provide benefit to Local youth groups, children in the community who are at risk of being NEET, young adults and School children. We are an all-inclusive provider that will deliver sessions to minority groups, including children and young adults in deprived area across Wales and England. Our sessions will include FREE to attend Health and well-being education, Team building, Leadership and Employability skills development.*

**COMPANY NAME**

Forces Fitness Education CIC

**SECTION B: Community Interest Statement – Activities & Related Benefit**

Please indicate how it is proposed that the company's activities will benefit the community, or a section of the community. Please provide as much detail as possible as to what the company is being set up to do. It would be useful if you were to explain how you think your company will be different from a commercial company providing similar services or products for individual or personal gain.

<b>Activities</b> (Tell us here what the company is being set up to do)	<b>How will the activity benefit the community?</b> (The community will benefit by...)
<b>Deliver Health &amp; Well-being sessions in places of Education, community groups and for sports teams. These sessions could last from 1hr to a full day depending on the organisations needs, numbers and age groups.</b>  (Activities will include- Health & Well-being talks, Team Building challenges, Diet and Nutrition presentations, outdoor exercises, Hill Walks, Classroom presentations, Sports field team games)	<i>Improving the health and well-being of all attendees. We will engage and deliver special workshops around Health and well-being in Schools, Youth groups, community organisations &amp; Sports teams to give them the knowledge of how to live a happy healthy life through working together in teams. Working in teams often gets the best out of participants and learners and can make new friendships. These sessions will be delivered Free of charge to the attendees. As the session will be FREE of charge we feel that we can deliver in areas of our community that wouldn't be able to afford these type of services if delivered by a Commercial Company as they simply wouldn't have the budget to pay for them! Our organisation will give children from across England and Wales the opportunity to take part in our sessions for free regardless of their personal circumstances or ability.</i>
<b>Run Employability Programs / Training session days for ages 16+ and especially those at risk of NEET</b>	<i>FREE training delivered in small groups, each of our training days will focus on:</i> <ul style="list-style-type: none"><li>- CV Writing</li><li>- Interview Techniques</li><li>- Health and Well-being</li><li>- Importance of Fitness and Exercise</li></ul> <i>The Employability workshops will be in partnership with Housing associations and other community organisations throughout Wales and England that require our support all these sessions will be FREE to access for attendees.</i>

If the company makes any surplus, it will be used for... (If donating or fundraising for charities, please include the wording 'with the consent of the CIC Regulator') If the organisation makes a surplus it will be used either to develop the Organisation through investment in Staff training / delivery materials and equipment or donated to local community organisations with the consent of the CIC Regulator.

(Please continue separate sheet if necessary.)

**COMPANY NAME**

Forces Fitness Education CIC

**SECTION C:**

1. We/I, the undersigned, declare that the company in respect of which this application is made will not be:

- (a) a political party;
- (b) a political campaigning organisation; or
- (c) a subsidiary of a political party or of a political campaigning organisation.<sup>4</sup>

**SECTION D:**

**If this section is not completed your application will be rejected.**

**TYPED NAMES ARE NOT ACCEPTABLE AND WILL BE REJECTED**

**Each person**

who is a director of the company **must** sign the declarations.

**[Signed, scanned or DocuSign signatures are allowed.]**

Signed



Date

29/02/24

Signed



Date

29/02/24

Signed

Signed

Signed

Signed

Signed

Signed

Signed

Signed

Date

Date

Date

Date

Date

Date

Date

Date

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact

**Projected Turnover 2024 – 2025**

Year	Income	Outgoings
2024 - 2025	30,000	29,000
2025 - 2026	35,000	34,000
2026 - 2027	40,000	39,000

Forces Fitness Education CIC established in 2024 is a Community Interest Company where the activities provide benefit to Local youth groups, children in the community who are at risk of being NEET, young adults and School children. We are an all-inclusive provider that will deliver sessions to minority groups, including children and young adults in deprived area across Wales and England.

## Forces Fitness Education CIC Bridgend Town Council Fuded Session Report

This report is an overview from the Forces Fitness Education CIC Funded sessions who were consulted after attending the free to attend Health, Well-being and Building resilience sessions that were run in October Half Term.

45 Children attended; 12 Adults were also present during the sessions.

From all the people who attended our sessions the people rated the sessions Between Very Good and Excellent sat at **4.83** out of 5. **Scale 1 = Poor, 2=OK, 3=Good, 4= Very Good, 5 = Excellent**

We had a 100% response from the 57 people engaged that they would like to take part in similar activities again.

The Attendees of our sessions the people rated the Instructors Between Very Good and Excellent sat at **4.92** out of 5. **Scale 1 = Poor, 2=OK, 3=Good, 4= Very Good, 5 = Excellent**

**100%** of attendees said they had fun on the previous sessions we've delivered.

Some comments from the consultation below, please see the spreadsheet for more details:

1. Thank you for the session, I really enjoyed :)
2. The session was great fun and I would like to do it again.
3. We need more of this type of thing around Bridgend. These kids are bored, and really benefit from activities like this. They loved today's session so much
4. Dylan had such a fun day, and would love to do it again thankyou all so much
5. Both of my children absolutely loved the session put on by Forces Fitness today, they both had smiles on their faces the whole time and can't wait for the next one!
6. Well run sessions, child centered, would definatly return.
7. Sean and his team are excellent fitness coaches for children and adults, they really put every their all into fitness sessions but also make them extremely fun too. We would definitely recommend forces fitness to everyone wanting to get fit whilst having fun
8. It was a great event to get the kids out of the house during half term for free.

You Tube Video Link - <https://youtu.be/JmiNdx0hacM?si=y62DlbKlhXZGSRtx>





Photos Below –





Issue date: 12 April 2024

Simply Business certifies that the information for Forces Fitness Education CIC shown here is correct, as of the issue date above.

For full policy terms and conditions, please refer to the policy wording document.

Company name	Forces Fitness Education CIC
Policy number	CHBS4441446XB
Trade/Business	Training
Public liability	up to £2,000,000
Employers liability	up to £10,000,000
Policy start date	01 May 2024
Policy end date	30 April 2025

A handwritten signature in black ink, appearing to read 'David Summers'.

David Summers

Group CEO, Simply Business